



Mother Package

Free 30 minute consultation

Tote bag with journal and products

Three prenatal meetings These meetings are meant for us to get to know each other and build a connection. While also preparing for your birth.

What will we go over in the prenatal meetings?

Week one: Birth plan. Preparing your mind and body for birth.

Week two: The Birth process. The start to the end of labour.

Comfort techniques, positions during labour.

Week three: After the birth. The birth of the placenta and going home with baby.

Emotional support via voice call or messaging

24/7 on call commitment starting from 37 weeks until baby is born.

Full labour support. I am present for the entire labour. From the time you feel you want me with you, until 2 hours post birth.

Unlimited professional resources before and after birth.

Two post-natal visits.

Price: 13,000,000 IDR